

Course Description Form

Adult nursing



١. Course Name:	
Adult nursing	
٢. Course Code:	
NUR 206	
٣. Semester / Year:	
2 nd semester 2023/2024	
٤. Description Preparation Date:	
2024	
٥. Available Attendance Forms:	
٦. Number of Credit Hours (Total) / Number of Units (Total)	
8	
٧. Course administrator's name (mention all, if more than one name)	
Assist prof. Dr Abdulkareem Salman Khudhair	
٨. Course Objectives	
<p>After the completion of this course, the student will be able to:</p> <ul style="list-style-type: none"> Identify risk factors and nursing interventions in promoting and maintaining health in a selected client population. Relate the path physiology of selected medical/ surgical alterations to the health illness continuum. Discuss scientifically based rationale for performing selected diagnostic procedure, outcomes and nursing responsibilities. Describe drug therapies and their related outcomes for clients undergoing medical/ surgical interventions. Explain nutritional needs of patients with selected medical/ surgical alterations. Discuss principles of teaching- learning processes as they related to the adult/ older adult patient. 	<ul style="list-style-type: none"> Utilize health assessment skills in determining the physical, psychological, spiritual, and learning Needs of adult patients. Apply the theoretical concepts, scientific principles in planning care of patients. Demonstrate competence in implementing nursing interventions to meet client-oriented goals. Demonstrate safe administration of drug and parenteral therapy. Participate in teaching patients Demonstrate effective communication with patients, Describe pre- operative nursing measures of avoiding the risk of infection and the expected post-operative complications.
٩. Teaching and Learning Strategies	
Strategy	<ol style="list-style-type: none"> Theoretical lectures using means of illustration (data show) Practical training in hospitals to practice some nursing skills provided to patients. Seminars where students are assigned a topic within the curriculum for presentation and discussion.
١٠. Course Structure	

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
1	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Introduction to adult nursing specialist. • Nursing management of patients with nervous system disorder: • Assessment and diagnostic test • Intracranial pressure • Brain abscess. 	Adult nursing	Lecture Hospital Seminar	exam
2	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Brain tumor • Head injury. • Meningitis • Epilepsy • Caring for unconscious patients 	Adult nursing	Lecture Hospital Seminar	exam
3	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Nursing management of patients with Renal disorders: • Assessment and diagnostic test • Cardinal signs and symptoms • Urinary tract infection 	Adult nursing	Lecture Hospital Seminar	exam
4	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Renal stone • Prostatic hyperplasia • Cancer of the bladder. 	Adult nursing	Lecture Hospital Seminar	exam
5	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • End stage of renal disease. • ☑ Renal replacement therapy 	Adult nursing	Lecture Hospital Seminar	exam
6	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Nursing management of patients with Musculoskeletal disorders: • Assessment and diagnostic test • Fracture. • Amputation. • ☑ Osteomyelitis. 	Adult nursing	Lecture Hospital Seminar	exam
7		First month exam			

8	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Osteoporosis • Arthritis • Joint replacement 	Adult nursing	Lecture Hospital Seminar	exam
9	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Nursing management of patients with Cardiovascular disorders: • Assessment and signs and symptoms and diagnostic test. • Valvular heart disease (Martial disease stenosis and regurgitation) 	Adult nursing	lecture Hospital Seminar	exam
10	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Coronary artery bypass graft (CABG). • Congenital heart disease (ASD, VSD and TOF). 	Adult nursing	Lecture Hospital Seminar	exam
11	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Cardiac catheterization • Pacemaker 	Adult nursing	Lecture Hospital Seminar	exam
12	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Nursing management of patients with Integumentary disorders: • Anatomy and physiology • Assessment integumentary system • Dermatitis. • Autoimmune disease. 	Adult nursing	Lecture Hospital Seminar	exam
13	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Nursing management of patients with Eye, Nose and Throat (ENT): • Sinusitis • Tonsillitis • Otitis media • Ca larynx 	Adult nursing	Lecture Hospital Seminar	exam
14	4 h. theory 12 h. practical	<ul style="list-style-type: none"> • Nursing management of patients with ophthalmic disorders. 	Adult nursing	Lecture Hospital Seminar	exam

		<ul style="list-style-type: none"> • Assessment and diagnostic test • Cataract • Glcoma. 				
15	Second month exam.					
11. Course Evaluation						
Course Assessment for Semester System (100)%	Theoretical Content Exam	Clinical evaluation	Quizzes	Final Exam	Clinical	Final Theory exam
	15%	20%	5%	20%		40%
12. Learning and Teaching Resources						
Required textbooks (curricular books, if any)						
Main references (sources)			1. Hinkle, J., Cheever, K. (2018). Brunner and Suddarth's, Text book of medical surgical Nursing. 14th Edition. Wolters Kluwer, Lippincott co. 2. Williams, L., and hopper, P., (2015). Understanding medical surgical nursing, 5th edition, F.A. Davis company, USA.			
Recommended books and references (scientific journals, reports...)						
Electronic References, Websites						